Pregnancy Word Lib: Packing list for your hospital stay

1.	Adjective
2.	Noun
3.	Noun
4.	Verb - Present Ends In Ing
5.	Noun
6.	Noun - Plural
7.	Noun - Plural
8.	Noun - Plural
9.	Noun - Plural
10.	Adjective
11.	Verb - Base Form
12.	Noun
13.	Noun - Plural

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You might want to pack two small bags for the hospital: one for the items you'll need during labor, and another
for items that you won't need until after you give birth.
We recommend having everything ready to go when you're about eight months pregnant, since you could go into
labor at any time in the weeks before your due date. Here's a list of things recommended by experienced moms:
- A
need
- Your <u>Verb - Present ends in ING</u> plan, if you have one
- Eyeglasses, if you wear them.
- Pack a few personal items, such as a <u>Noun</u> and <u>Noun-Plural</u> , lip balm, <u>Noun-Plural</u> , a
brush and comb, Noun - Plural, and a hair band or barrettes. Hospitals usually provide soap, shampoo, and
Noun - Plural, but you might prefer your own.
- A bathrobe, a nightgown or two, slippers, and more Noun - Plural. Hospitals provide gowns and socks
for you to use during labor and afterward, but some women prefer to wear their own. Choose a loose,
gown that you don't mind getting dirty. It should be either sleeveless or have short, Repeat Last
Adjective sleeves so your blood pressure can be checked easily. Slippers and a robe may come in handy if you
want to the halls while Repeat Last Noun - Plural .

Whatever will help you relax. Here are some possibilities: your own, music and something to			
play it on, a picture of	or something you love, anything you find reassuring.		
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