

## Excercise

1. Adverb
2. Adjective
3. Noun - Plural

# Excercise

You should always be \_\_\_\_\_ Adverb \_\_\_\_\_ when excercising... You do not want to pull or strain any of your muscles . First you must make sure you are checked by your doctor. Once you get the \_\_\_\_\_ Adjective \_\_\_\_\_ light you can then join a gym and start watching the \_\_\_\_\_ Noun - Plural \_\_\_\_\_ melt off and the muscle pile on!