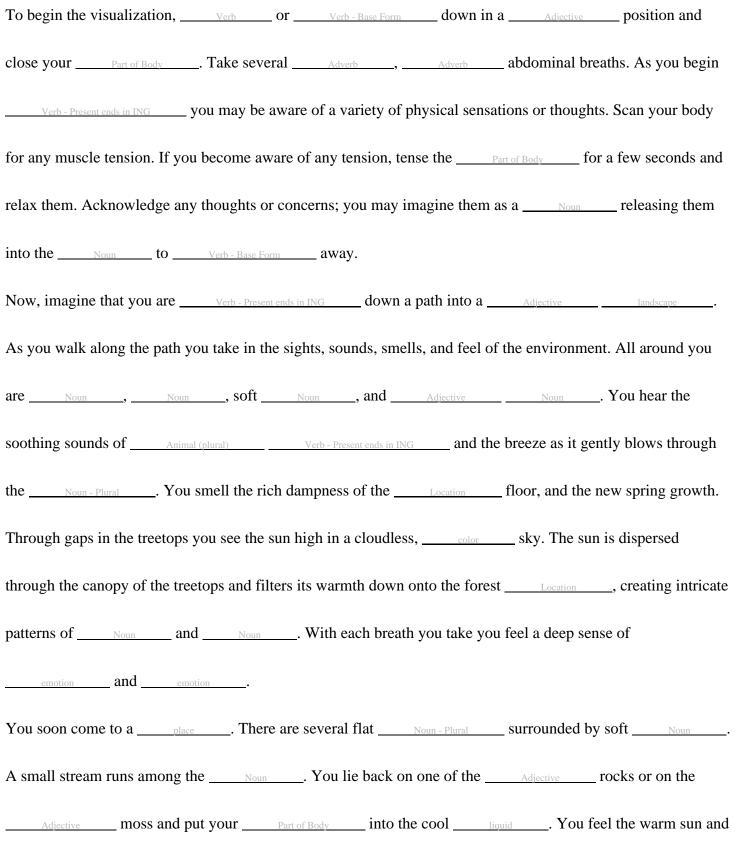
guided imagery

1.	Verb
2.	Verb - Base Form
3.	Adjective
4.	Part Of Body
5.	Adverb
6.	Adverb
7.	Verb - Present Ends In Ing
8.	Part Of Body
9.	Noun
10.	Noun
11.	Verb - Base Form
12.	Verb - Present Ends In Ing
13.	Adjective
14.	Landscape
15.	Noun
16.	Noun
17.	Noun
18.	Adjective
19.	Noun
20.	Animal (Plural)
21.	Verb - Present Ends In Ing
22.	Noun - Plural
23.	Location

24. <u>Color</u>
25. Location
26. <u>Noun</u>
27. <u>Noun</u>
28. Emotion
29. Emotion
30. <u>Place</u>
31. <u>Noun - Plural</u>
32. <u>Noun</u>
33. <u>Noun</u>
34. Adjective
35. Adjective
36. Part Of Body
37. Liquid
38. Part Of Body
39. Part Of Body
40. Liquid
41. Adjective
42. Liquid
43. Part Of Body
44. Liquid
45. Verb - Present Ends In Ing
46. Verb - Present Ends In Ing
47. Landscape

guided imagery



gentle,

You let yourself sink further into relaxation, while continuing to be aware of the sights, smells, sounds, and feel of the <u>landscape</u> around you. You allow yourself to let go of any concerns or worries and feel completely refreshed and rejuvenated in this place...

When you are ready, imagine that you slowly get up and leave the clearing. As you walk back down the path through the forest, fully take in the peaceful nature and realize that you may return whenever you wish by the same path. Each time you enter this place you will feel relaxed and at peace.

Now slowly come back to the now. Open your eyes when you are ready and welcome back.

©2025 WordBlanks.com · All Rights Reserved.