## **Twelve Steps**

1.	Adjective
2.	Adjective
3.	Noun
4.	Noun
5.	Verb - Base Form
6.	Verb - Base Form
7.	Adjective
8.	Adjective
9.	Noun
10.	Noun
11.	Noun
12.	Adjective
13.	Adjective
14.	Noun
15.	Noun
16.	Verb - Base Form
17.	Verb - Past Tense
18.	Noun
19.	Adjective
20.	Noun - Plural

## **Twelve Steps**

1. We admitted that we were <u>Adjective</u> over drugs and alcohol and that our lives had become Adjective 2. Came to believe and accept that we need <u>Noun</u> beyond ourselves to restore us to <u>Noun</u>. 3. Made a decision to <u>Verb - Base Form</u> our wills and our lives to the care of the collective wisdom and resources of those who Verb - Base Form before us. 4. Made a Adjective and Adjective moral inventory of ourselves. 5. We admitted to ourselves, without \_\_\_\_\_, and to another human being the exact nature of our Noun. 6. We are ready to accept help in letting go of all our \_\_\_\_\_\_. 7. With <u>Adjective</u> and <u>Adjective</u> sought to eliminate our shortcomings. 8. Made a \_\_\_\_\_\_ of all persons we had harmed and became willing to make \_\_\_\_\_\_\_ to them all. 9. Made direct amends to such people whenever possible, except when to do so would Verb - Base Form them or others. 10. Continued to take personal inventory and when we were wrong promptly <u>Verb - Past Tense</u> it. 11. Sought through <u>Noun</u> to improve our <u>Adjective</u> awareness and our understanding of the AA way of life and to discover the power to carry out that way of life. 12. Having had a spiritual awakening as a result of these \_\_\_\_\_\_, we tried to carry this message to addicts and to practice these principles in all our affairs.

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