

# The Story of Salty Sally

1. Sport
2. Food
3. Food
4. Drink
5. Drink
6. Food
7. Food
8. Food
9. Food
10. Food
11. Nutrient
12. Food
13. Food
14. Plant
15. Food
16. Vehicle
17. Sport
18. Nutrient
19. Device
20. Device
21. Sport
22. Vehicle
23. Sport

24. Nutrient

25. Vehicle

26. Food

# The Story of Salty Sally

Over the next month, Sally began to change her lifestyle so she can become healthier and make the

\_\_\_\_\_ sport \_\_\_\_\_ team. Instead of eating a slice of \_\_\_\_\_ food \_\_\_\_\_ that she ate every day, she began to eat a turkey

\_\_\_\_\_ food \_\_\_\_\_ with \_\_\_\_\_ drink \_\_\_\_\_ instead of \_\_\_\_\_ drink \_\_\_\_\_. With the help of Healthy Harry, Sally changed her

favorite foods of \_\_\_\_\_ food \_\_\_\_\_ and \_\_\_\_\_ food \_\_\_\_\_ to \_\_\_\_\_ food \_\_\_\_\_ and \_\_\_\_\_ food \_\_\_\_\_. One day for lunch, her

mom asked if she wanted a \_\_\_\_\_ food \_\_\_\_\_, but Sally knew how much \_\_\_\_\_ nutrient \_\_\_\_\_ that was so she asked for

\_\_\_\_\_ food \_\_\_\_\_ \_\_\_\_\_ food \_\_\_\_\_ instead. As Sally began to eat better, she felt more energetic and less salty, but she

still wanted to be able to catch up to the other kids during tryouts so she began to play more outside. After school

, instead of sitting under a \_\_\_\_\_ plant \_\_\_\_\_ and eating her \_\_\_\_\_ food \_\_\_\_\_, Sally brought her \_\_\_\_\_ vehicle \_\_\_\_\_ and

rode all around the park. She also began to run around in the backyard and play with her own \_\_\_\_\_ sport \_\_\_\_\_ ball.

When she was not sure what food was high in \_\_\_\_\_ nutrient \_\_\_\_\_ she would call upon Healthy Harry to help her

out. The day off tryouts came and Sally was ready to show her coach. As soon as the coach blew his

\_\_\_\_\_ device \_\_\_\_\_, Sally ran full speed and was faster than every one else on the field. After tryouts, coach blew his

\_\_\_\_\_ device \_\_\_\_\_ and gave a \_\_\_\_\_ sport \_\_\_\_\_ ball to everyone who made the team. This time \_\_\_\_\_ vehicle \_\_\_\_\_ got a

\_\_\_\_\_ sport \_\_\_\_\_ ball and was the happiest she has ever been. Thanks to Healthy Harry, Sally knew that too much

foods high in \_\_\_\_\_ nutrient \_\_\_\_\_ did not give her the energy she needed to become a soccer star. She thanked

Healthy Harry as she rode on her \_\_\_\_\_ vehicle \_\_\_\_\_ home so she can go eat her \_\_\_\_\_ food \_\_\_\_\_, her new favorite

after-school snack.

