

# Phosphorus

1. Determiner
2. Noun
3. Adjective - Ends In Est
4. Verb - Base Form
5. Adjective
6. To
7. Preposition Or Subordinating Conjunction
8. Noun - Plural
9. Modal
10. Verb - Non 3Rd Person Singular Present
11. Coordinating Conjunction
12. Preposition Or Subordinating Conjunction
13. Adverb
14. Preposition Or Subordinating Conjunction

# Phosphorus

Phosphorus is the in Determiner Noun of bones and teeth. It has an Adjective - Ends in EST role on how the body uses carbohydrates and fats. Phosphorus helps the body to make protein for the growth, maintenance, and repair of cells Verb - Base Form tissues. Phosphorus Adjective helps the body make ATP, a molecule the body uses to store energy. There is usually no deficiency of phosphorus Preposition or subordinating conjunction it is so readily available in the food supply. High Noun - Plural of phosphorus in the blood, Modal combine with calcium to form deposits in soft tissues such as muscle. Low amounts Verb - Non 3rd Person Singular Present in starvations, loss of appetite, muscle weakness, Coordinating conjunction bone fragility. For an adult the daily allowances is Preposition or subordinating conjunction 700mg a day. A multivitamin you could take called Centium it contains 109mg of phosphorus. 1 tablet Adverb. A bottle cost Preposition or subordinating conjunction \$18.74. Phosphorus's atomic number is 15.