

watermelon nutrition

1. Noun
2. Adjective
3. Adjective
4. Verb - Present Tense
5. Noun
6. Verb - Past Participle
7. Proper Noun
8. Verb - Past Participle
9. Preposition Or Subordinating Conjunction
10. Noun
11. Adjective
12. Proper Noun
13. Noun
14. Preposition Or Subordinating Conjunction
15. Adjective
16. Noun
17. Adjective
18. Noun
19. Determiner
20. Determiner
21. Adjective
22. Verb - 3Rd Person Singular Present
23. Noun

24. Noun
25. Noun - Plural
26. Adjective
27. Noun
28. Noun
29. Adjective
30. Noun - Plural

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A watermelon contains about 6% sugar and 91% water by weight. As with many other fruits, it is a good source of _____ Noun C. It is also _____ Adjective in vitamin A and potassium while being low in fat, cholesterol and sodium.[16]

Watermelon rinds _____ Adjective also edible, but most _____ Verb - Present Tense avoid eating them due to their unappealing flavor. They are used for making pickles,[17] and sometimes used as a _____ Noun.[8] The seeds have a nutty flavour and can be _____ Verb - Past Participle and roasted, or ground into flour.[8] In _____ Proper Noun _____, the seeds are esteemed and _____ Verb - Past Participle _____ Preposition or subordinating conjunction almonds are in the west, being consumed with other seeds at Chinese New Year celebrations.[18] The _____ Noun is _____ Adjective, stewed or more often pickled,[19] and pickled watermelon rind is also sometimes eaten in the Southern US.[20] _____ Proper Noun juice can be made into _____ Noun, on its own or blended _____ Preposition or subordinating conjunction other fruits.[21] An _____ Adjective treat called a "hard watermelon" is made by pouring liquor into a _____ Noun in the rind of a whole fruit, and then eating the alcohol-permeated flesh.[19]

The amino-acid _____ Adjective was first _____ Noun from watermelon and analyzed.[_____ Determiner] _____ Determiner contain a significant amount of citrulline and after _____ Adjective of several kilograms, an _____ Verb - 3rd Person Singular Present concentration is _____ Noun in _____ Noun blood plasma; this could be mistaken

for citrullinaemia or other urea cycle disorders.[23] Watermelon is mildly diuretic[24] and contains large amounts of Noun - Plural . [25] Watermelon with red flesh is a Adjective source of Noun . Preliminary research indicates the Noun of watermelon may have antihypertensive effects.[26] The seed oil has Adjective Noun - Plural . [8]