

MENTAL HEALTH MADLIB

1. Name Here
2. Favorite Food
3. Verb
4. Good Adjective
5. Bad Adverb
6. Good Adverb
7. Good Adverb
8. Good Adverb
9. Bad Adverb
10. Good Adjective
11. Good Adjective
12. Good Adjective

MENTAL HEALTH MADLIB

HEY I'M [_____ NAME HERE _____],

I AM THE GREATEST THING SINCE [_____ FAVORITE FOOD _____].

NO ONE ELSE CAN [_____ VERB _____] LIKE I CAN.

MY FRIENDS SAY I AM THE [_____ GOOD ADJECTIVE _____]-EST PERSON IN THE WORLD.

SURE, SOMETIMES I AM [_____ BAD ADVERB _____],

BUT I ALSO [_____ GOOD ADVERB _____], [_____ GOOD ADVERB _____] AND [_____ GOOD ADVERB _____]

SO TODAY IS THE DAY I'M GOING TO STOP BEATING MYSELF UP FOR BEING [_____ BAD ADVERB _____

]

AND START LOVING MYSELF FOR BEING [_____ GOOD ADJECTIVE _____], [_____ GOOD ADJECTIVE _____] AND [

_____ GOOD ADJECTIVE _____]!