

MENTAL HEALTH MADLIB

1. Name Here
2. Favorite Food
3. Verb
4. Good Adjective
5. Bad Adverb
6. Good Adverb
7. Good Adverb
8. Good Adverb
9. Bad Adverb
10. Good Adjective
11. Good Adjective
12. Good Adjective

MENTAL HEALTH MADLIB

HEY I'M [NAME HERE],

I AM THE GREATEST THING SINCE [FAVORITE FOOD].

NO ONE ELSE CAN [VERB] LIKE I CAN.

MY FRIENDS SAY I AM THE [GOOD ADJECTIVE]-EST PERSON IN THE WORLD.

SURE, SOMETIMES I AM [BAD ADVERB],

BUT I ALSO [GOOD ADVERB], [GOOD ADVERB] AND [GOOD ADVERB]

SO TODAY IS THE DAY I'M GOING TO STOP BEATING MYSELF UP FOR BEING [BAD ADVERB]

]

AND START LOVING MYSELF FOR BEING [GOOD ADJECTIVE], [GOOD ADJECTIVE] AND [

GOOD ADJECTIVE]!