cashew chicken cheesecake

1.	Verb
2.	Adjective
3.	Adjective
4.	Number
5.	Number
6.	Number
7.	Verb - Present Tense
8.	Noun
9.	Noun
10.	Verb - Present Tense
11.	Verb - Present Tense
12.	Adjective
13.	Noun
14.	Verb - Present Ends In Ing
15.	Number
16.	Adjective
17.	Adjective
18.	Noun
19.	Noun
20.	Noun
21.	Noun
22.	Noun
23.	Noun

24. <u>Noun</u>
25. <u>Noun</u>
26. <u>Noun</u>
27. <u>Noun</u>
28. <u>Noun</u>
29. <u>Noun</u>
30. <u>Noun</u>
31. <u>Noun</u>
32. <u>Noun</u>
33. <u>Noun</u>
34. <u>Noun</u>
35. <u>Noun</u>
36. <u>Noun</u>

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As my wife began to <u>verb</u> over her cashew chicken, our marriage was forever changed.

We have never had a bad year

That is the truth. There have been moments that were <u>Adjective</u> or <u>Adjective</u> but there has never been a time when we have fought a lot. She gets the credit for that. I have given her plenty of reasons for us to have bad years!

So, we were out on a date one night at Cheesecake Factory and I asked Shelley, "How are you doing?" I wasn't necessarily trying to start a deep conversation but almost instantly she began to <u>verb - Present Tense</u> right into her cashew chicken. Uh Oh.

The conversation that took place at that moment ______ our marriage forever

As we talked, I realized that through the stress of <u>Noun</u>, though everything was basically OK, I had done a <u>Verb - Present Tense</u> job of really knowing what was going on in Shelley's heart. I wasn't <u>Verb - Present Tense</u> her well. I was pretty much <u>Adjective</u>.

One would think that I would have the sense enough to know that the <u>Noun</u>, pregnancy, being a mom for the first time, <u>Verb - Present ends in ING</u> a church in our house, and living <u>Number</u>,000 miles away from the nearest family would have a <u>Adjective</u> effect on Shelley's heart. You would think that I would have a clue that I would need to pay better attention to her. That says a lot about me!

That moment taught me a <u>Adjective</u> lesson about being a husband. As life changes we <u>Noun</u>. As we change we need to learn to love differently. We should never believe that we are done learning to love our <u>Noun</u>.

It was time for me to learn how to be a better <u>Noun</u> by learning to <u>Noun</u> better to her life. So we started having an intentional conversation every month that has been <u>Noun</u> for our marriage. At first it was <u>Noun</u> but over time has grown into sweet moments of intimacy for us.

To make it work we had to come up with rules for the talk. We wanted it to be a healthy conversation and not an argument. Here are the rules we set.

Each of us got a turn to <u>Noun</u>.

We had to be <u>Noun</u> (of course) and <u>Noun</u>.

We had to listen and NOT defend ourselves if we heard something we didn't like.

We had to <u>Noun</u> to doing <u>Noun</u> and helping each other along the way.

Then we would ask each other questions like these

Is there anything that you need from <u>Noun</u> that you are not receiving?

Am I doing or saying anything to ______ that you do not like?

Am I giving you the <u>Noun</u> you need?

Is there anything going on with you that I need to know about so that I can ______ you better?

At first these conversations could be a little _____but over time they became amazing times of

<u>Noun</u> and <u>Noun</u>. Now, we don't have to schedule those conversations. They just happen along

the way of life.

Even though that moment in Cheesecake Factory was ______, I am extremely thankful that it happened.

That changed our marriage more than any other conversation we have ever had.

These conversations have shown me over and over what a loving wife I have. She listens. She encourages. She speaks truth. She loves me well even when I am clueless.

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