

Sleep Habits

1. Noun
2. Verb - Past Tense
3. Verb
4. Noun
5. Verb
6. Noun - Plural
7. Noun
8. Noun
9. Verb
10. Adjective
11. Noun
12. Noun - Plural
13. Verb - Present Tense
14. Noun
15. Verb
16. Verb - Past Tense
17. Adjective
18. Noun
19. Noun
20. Noun
21. Noun
22. Noun - Plural
23. Adjective

24. Noun

25. Noun

Sleep Habits

Sally Sleepy has had a long day at _____
Noun_____ and can't wait to get home! She _____
Verb - Past Tense_____ so
much at school today and can't wait to _____
Verb_____ mom and dad! Today, their _____
Noun_____ had a speaker
come in to _____
Verb_____ about sleep habits. Sally _____
Noun - Plural_____ through the front door with

Noun_____ and shouts into the _____
Noun_____, "MOM AND DAD I CAN'T WAIT TO TELL YOU WHAT
WE DID TODAY!" As her parents walk down into the kitchen, Sally begins to _____
Verb_____ them all about the

Adjective_____ habits she learned about. "Today in school, we learned about _____
Noun_____ habits and I have
all kinds of good ones to tell you. Did you know that I am supposed to get 8 to 10 _____
Noun - Plural_____ of sleep
each night? I can do this by _____
Verb - Present Tense_____ before bed and making sure that my _____
Noun_____ is off
when I go to _____
Verb_____. The presenter today _____
Verb - Past Tense_____ us that if I don't get enough sleep then I
could become moody or even get sick! I hate being _____
Adjective_____. Also, I shouldn't have things with

Noun_____ in them like coffee or _____
Noun_____ especially before bed." Sally told her parents all of her new

Noun_____ and slowly became more tired and was ready for _____
Noun_____. She couldn't wait to try all of
her new _____
Noun - Plural_____ to make sure she got a _____
Adjective_____ _____
Noun_____ _____
Noun_____.