

## **Exercising, why it's good for the SLCC Employee.**

1. Adverb
2. Adjective
3. Adjective
4. Location
5. Verb - Present Ends In Ing
6. Noun
7. Verb - Present Ends In Ing
8. Adjective
9. Verb - Past Tense
10. First Name Of A Person
11. Adjective
12. Part Of Body
13. Verb - Present Ends In Ing
14. Adjective
15. Number
16. Part Of Body
17. Part Of Body
18. Adjective
19. Adverb
20. Number
21. Verb - Present Ends In Ing

# Exercising, why it's good for the SLCC Employee.

Kevin is a SLCC employee who is \_\_\_\_\_ Adverb \_\_\_\_\_ Adjective \_\_\_\_\_ and \_\_\_\_\_ Adjective \_\_\_\_\_. He was at the \_\_\_\_\_ Location \_\_\_\_\_ at the Redwood campus \_\_\_\_\_ Verb - Present ends in ING \_\_\_\_\_ Noun \_\_\_\_\_ when he noticed a girl \_\_\_\_\_ Verb - Present ends in ING \_\_\_\_\_ there by herself, looking very \_\_\_\_\_ Adjective \_\_\_\_\_ and in pain. He \_\_\_\_\_ Verb - Past \_\_\_\_\_ Tense \_\_\_\_\_ over and asked her what her name was and she said "my name is \_\_\_\_\_ First Name of a Person \_\_\_\_\_. He asked her what was wrong and she said that she has just been feeling \_\_\_\_\_ Adjective \_\_\_\_\_ and her lower \_\_\_\_\_ Part of \_\_\_\_\_ Body \_\_\_\_\_ hurts from \_\_\_\_\_ Verb - Present ends in ING \_\_\_\_\_ too much. Kevin explained to her that the reason why he is always so \_\_\_\_\_ Adjective \_\_\_\_\_ is that he exercises \_\_\_\_\_ Number \_\_\_\_\_ days a week and stretches right afterwards to help increase flexibility. Not only would exercise help your mood, but it would also help your \_\_\_\_\_ Part of \_\_\_\_\_ Body \_\_\_\_\_ get stronger and keep your \_\_\_\_\_ Part of Body \_\_\_\_\_ nice and \_\_\_\_\_ Adjective \_\_\_\_\_. Wow she said, I will \_\_\_\_\_ Adverb \_\_\_\_\_ get started. \_\_\_\_\_ Number \_\_\_\_\_ weeks later, Kevin noticed that she was happily \_\_\_\_\_ Verb - \_\_\_\_\_ Present ends in ING \_\_\_\_\_ on the treadmill and she had no more back pain.