

Love

1. Name
2. What Is A Characteristic About Yourself That You Admire
3. What Is A Characteristic About Yourself That You Admire
4. What Is A Characteristic About Yourself That You Admire
5. What Is A Characteristic About Yourself That You Admire
6. What Is A Characteristic About Yourself That You Admire
7. What Is A Characteristic You Hate About Yourself
8. What Is A Characteristic You Hate About Yourself
9. What Is A Characteristic You Hate About Yourself
10. How Many Times Should You Say
11. What Is An Accomplishment You Are Proud Of

Love

Dear _____, Name

Do you remember that little survey you took at TheatreWorx? Well this is what it was for.

You are _____, what is a characteristic about yourself that you admire _____, what is a characteristic about yourself that you admire

_____, what is a characteristic about yourself that you admire _____, what is a characteristic about yourself that you admire _____, what is a

characteristic about yourself that you admire I know you may label yourself as _____, what is a characteristic you hate about yourself

_____, what is a characteristic you hate about yourself _____, what is a characteristic you hate about yourself but in reality you are so much

more than those little words that are meaningless. I want you to hear from yourself "I LOVE YOU"

_____ amount of times today and everyday after. If you ever

feel down about yourself thinking you cannot do anythings remember you accomplished this

_____ Always remember to feel good about yourself and love yourself.

What is an accomplishment you are proud of

If you know someone who needs to hear this message today, simply tell them they are important and should care

about themselves. You never know who you could save today.

-Love Yourself