

Noun

1. Noun
2. Exclamation

Noun

Advice for the new parents from _____ Noun _____

A new baby is a(n) _____ Exclamation _____ adventure, but like all big live changes the more prepared you are, the _____.

Pack your hospital bag at least _____ days before your due date. Don't forget to include your _____, _____ and _____. This will eliminate unnecessary last minute stress if the _____ comes early.

During the delivery, be sure to _____ deep and _____ with your _____.

When bringing baby home, drive _____ miles under the speed limit. Always brake for _____ and make sure everyone is wearing their _____.

When the baby naps, _____ should nap too. Yes, you're going to be _____ and _____, but resting is more important than _____.

Proven studies have shown that the best foods for a new mom are _____ and _____. Don't forget to also drink plenty of _____.

Postpartum hormones can be _____. Don't feel silly for crying over things like spilled _____ or that _____ commercial on TV.

Capture your everyday _____ on film. Believe it or not, this time will _____ by and before you know it, you may actually miss those.

