Noun

1.	Noun	oun						

2. Exclamation

Noun

Advice for the new parents from	Noun	
	adventure, but like all big live changes the more p	prepared you are, the
Pack your hospital bag at least	days before your due date. Don't forget to	include your
, and	This will eliminate unnecessary last minute	e stress if the
comes early.		
During the delivery, be sure to	deep and with your	
When bringing baby home, drive	miles under the speed limit. Always brake	for
and make sure	e everyone is wearing their	
When the baby naps,	should nap too. Yes, you're going to be	and
, but resting is mo	re important than	
Proven studies have shown that the	best foods for a new mom are and	Don't forget
to also drink plenty of		
Postpartum hormones can be	Don't feel silly for crying over things l	like spilled
or that	commercial on TV.	
Capture your everyday	on film. Believe it or not, this time will	by and before
you know it, you may actually miss	those.	

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