

Self-Talk Bad Mojo

1. Mean Adjective
2. Rude Name
3. Mean Noun
4. Nice Adjective
5. Mean Noun
6. Mean Noun

Self-Talk Bad Mojo

Face it Karen, you are about the worst thing since liver. Your enemy says you are the _____
person in the world. So _____, today is the day you accept that you are a complete _____
. And if people tell you that you are _____, just think no, I'm a _____ and a
_____.