

Growth Mindset Self-Talk

1. Your Name
2. Favorite Food
3. Nice Adjective
4. Nice Noun
5. Nice Noun
6. Nice Adjective
7. Nice Noun

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Face it, _____your name_____, you are about the greatest thing since _____favorite food_____. Your friends say you are the _____nice adjective_____ person in the world. So _____nice noun_____, today is the day you start loving yourself for being _____nice noun_____. When people say you are _____nice adjective_____, just think, wow, I am pretty _____nice noun_____.