

## Growth Mindset Self-Talk

1. Your Name
2. Favorite Food
3. Nice Adjective
4. Nice Noun
5. Nice Noun
6. Nice Adjective
7. Nice Noun

# Growth Mindset Self-Talk

Face it, \_\_\_\_\_  
your name\_\_\_\_\_, you are about the greatest thing since \_\_\_\_\_  
favorite food\_\_\_\_\_. Your friends say you are  
the \_\_\_\_\_  
nice adjective\_\_\_\_\_ person in the world. So \_\_\_\_\_  
nice noun\_\_\_\_\_, today is the day you start loving yourself for  
being \_\_\_\_\_  
nice noun\_\_\_\_\_. When people say you are \_\_\_\_\_  
nice adjective\_\_\_\_\_, just think, wow, I am pretty  
\_\_\_\_\_  
nice noun\_\_\_\_\_.