

Extreme Training

1. Term Or Phrase
2. Year
3. Town In Mi
4. Town In Mi
5. Number
6. Verb Present Ends In Ing
7. Noun
8. Adjective
9. Adjective
10. Adjective
11. Noun Plural
12. Noun Plural
13. Adjective
14. Month
15. Number
16. Adjective
17. Verb Past Tense
18. Verb Past Tense
19. Verb Past Tense
20. Adverb
21. Verb Base Form
22. Number
23. Number

24. Adjective

25. Adjective

26. Adjective Ends In Est

Extreme Training

Talk about being ahead of its time. The AuSable River Canoe Marathon was an extreme sport years before the term, "Term or Phrase," was coined. When the race was conceived in Year, no one even knew if paddlers could make it from Town In MI to Town In MI non-stop. In fact, to completely check out the race course, Marathon organizers required Number days Verb Present ends in ING during the daylight. In addition, no one had yet run a Noun race throughout the night.

Another indication of its Adjective nature is that the Marathon has never been cancelled due to Adjective weather; including Adjective winds, heavy Noun Plural, light Noun Plural, thunder and lightning, fog, low water levels, flooding, Adjective heat or cold. The Marathon has gone on, whether there was snow in the air during a Month race, or wind gusts churning Number foot waves on Foote Pond in July. It's no wonder, then, that the AuSable Marathon has attracted a group of Adjective persons who have kayaked, Verb Past Tense, Verb Past Tense, Verb Past Tense and competed in other sports at local, regional, national and international levels. They are competitors who train Adverb and Verb Base Form hard.

If approximately Number people have paddled in the Marathon over its 70-year history, you can bet that there are Number different training tales out there -- some unusual, some dangerous and some flat-out Adjective. Try talking to some of these paddlers, and you will, without a doubt, hear more

Adjective

stories from some of the Adjective Ends in EST people that you'll ever meet.