

## FRESH Message

1. Adjective
2. Noun
3. Noun
4. Noun
5. Noun
6. Verb Present Ends In Ing
7. Adjective
8. Adjective
9. Adverb
10. Noun
11. Noun
12. Adjective
13. Adjective
14. Adjective
15. Noun
16. Noun
17. Adjective
18. Adjective
19. Adjective
20. Adjective
21. Noun
22. Verb Present Ends In S
23. Adjective

24. Noun
25. Adjective
26. Adjective
27. Noun
28. Noun
29. Noun
30. Noun
31. Adjective
32. Adjective

# FRESH Message

Fauquier Reaches for Excellence in School Health (FRESH) is a \_\_\_\_\_ Adjective \_\_\_\_\_ Noun to create a culture of health and wellness for \_\_\_\_\_ Noun \_\_\_\_\_, \_\_\_\_\_ Noun \_\_\_\_\_, and the \_\_\_\_\_ Noun \_\_\_\_\_. The FRESH program focuses on \_\_\_\_\_ Verb Present ends in ING \_\_\_\_\_ Adjective \_\_\_\_\_ and \_\_\_\_\_ Adjective \_\_\_\_\_ changes in our classrooms, cafeterias, before-during-after school settings, and within the community - \_\_\_\_\_ Adverb \_\_\_\_\_ helping our \_\_\_\_\_ Noun \_\_\_\_\_ enjoy healthier lives.

FRESH's program has four \_\_\_\_\_ Noun \_\_\_\_\_. 1) Fitness Integration Team Specialists (FITS) work with teachers to integrate \_\_\_\_\_ Adjective \_\_\_\_\_ learning into \_\_\_\_\_ Adjective \_\_\_\_\_ \_\_\_\_\_ Adjective \_\_\_\_\_ \_\_\_\_\_ Noun \_\_\_\_\_, making movement an integral part of the school day. 2) FRESH school \_\_\_\_\_ Noun \_\_\_\_\_ provide \_\_\_\_\_ Adjective \_\_\_\_\_ opportunities for students to engage in \_\_\_\_\_ Adjective \_\_\_\_\_, \_\_\_\_\_ Adjective \_\_\_\_\_, and \_\_\_\_\_ Adjective \_\_\_\_\_ activities. 3) In partnership with FCPS Nutrition Services Department, the FRESH \_\_\_\_\_ Noun \_\_\_\_\_ \_\_\_\_\_ Verb Present ends in S \_\_\_\_\_ culinary training to increase \_\_\_\_\_ Adjective \_\_\_\_\_ food options in the school \_\_\_\_\_ Noun \_\_\_\_\_, nutrition education, and community outreach opportunities to support a healthy culture. 4) FCPS FRESH is a catalyst for \_\_\_\_\_ Adjective \_\_\_\_\_ change in the community, collaborating through outreach to create a culture of health and wellness in our community.

How: Movement throughout the school day (FITS); \_\_\_\_\_ Adjective \_\_\_\_\_ Food (CHEF cafeteria staff training, new \_\_\_\_\_ Noun \_\_\_\_\_, more fresh, local \_\_\_\_\_ Noun \_\_\_\_\_, \_\_\_\_\_ Noun \_\_\_\_\_, season \_\_\_\_\_ Noun \_\_\_\_\_); Engaged Schools (clubs, \_\_\_\_\_ Adjective \_\_\_\_\_ leaders, bulletin boards, contests, staff wellness, \_\_\_\_\_ Adjective \_\_\_\_\_ Days); Communities (Snap Ed cooking classes, teacher supports, community outreach).

