

# Ways to Keep Kids in Shape

1. Verb Present Ends In Ing
2. Noun
3. Noun
4. Verb Present Ends In S
5. Verb Present Ends In Ing
6. Verb Base Form
7. Noun
8. Adjective
9. Noun
10. Verb Base Form
11. Noun Plural

# Ways to Keep Kids in Shape

Choose a skill they need to strengthen for the sport they currently play. Like \_\_\_\_\_ Verb Present ends in ING the \_\_\_\_\_ Noun in the backyard, working on those grounders or \_\_\_\_\_ Noun \_\_\_\_\_ Verb Present ends in S for softball and baseball.

They can also practice their \_\_\_\_\_ Verb Present ends in ING for their next tennis match.

And don't let the rain stop you, there are still ways to \_\_\_\_\_ Verb Base Form a \_\_\_\_\_ Noun inside your home.

You can play a game of \_\_\_\_\_ Adjective \_\_\_\_\_ Noun, have a dance party, or even play the floor is lava by finding creative ways to not \_\_\_\_\_ Verb Base Form the \_\_\_\_\_ Noun Plural in your garage or living room.