

hello test

1. Verb Base Form
2. Noun
3. Adjective
4. Adjective
5. Adjective
6. Number
7. Noun
8. Noun
9. Food
10. Verb Base Form
11. Number

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This year, I promise to _____ Verb Base Form _____ my _____ Noun _____ every day. I'm going to try very hard to be _____ Adjective _____ so that my body can feel _____ Adjective _____ and _____ Adjective _____! I will go to bed by _____ Number _____:00 PM every night so my body can get lots of _____ Noun _____, and I promise to cut back on the _____ Noun _____ in the mornings! I need to eat lots of tasty _____ Food _____ and remember to _____ Verb Base Form _____ at least _____ Number _____ times per week for the best results.