

Optimize the Seven Keys to an UltraMind

1. Verb
2. Body Part
3. Body Part
4. Number
5. Past Tense Verb
6. Body Part
7. Adverb
8. Verb
9. Verb
10. Verb
11. Verb
12. Verb
13. Verb
14. Verb
15. Adjective
16. Noun
17. Adverb
18. Verb
19. Adjective
20. Noun
21. Verb
22. Verb
23. Verb

24. Adjective

25. Adjective

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Optimize the Seven Keys to an UltraMind

If you _____ your _____ you will fix your _____ automatically. The _____ basic systems of the body must be _____ for your body (and _____ to function _____. Here's all you need to do: _____ nutrition; _____ off inflammation; _____ your hormones; _____ your digestion; _____ detoxification; _____ your energy metabolism; _____ your mind. And optimizing the seven keys to an UltraMind is _____. Follow this _____ that _____ balances the seven keys: _____ for your brain; tune up your brain _____ with supplements; _____ and _____ for your brain; live _____ and _____.