

HOW TO MAKE A HEALTHY SMOOTHIE

1. Number _____
2. Number _____
3. Number _____

HOW TO MAKE A HEALTHY SMOOTHIE

THINGS YOU WILL NEED:

*BLENDER

*1 PINAPPLE RING

_____ Number CUP OF ORANGE JUICE

*3 PICKLES

*1 POUND OF FROG GUTS

*1 CUP OF YOGURT

*2 CARTONS OF PORK FLAVORED ICE CREAM

_____ Number JUG(S) OF SPOILED MILK

FIRST

YOU MIX THE,ORANGE JUICE,PICKLES,YOGURT,FROG GUTS,AND PORK FLAVORED ICE CREAM.

THEN YOU MIX IT IN THE BLENDER AND ADD _____^{Number}_____ CUPS OF SPOILED MILK.NEXT ADD

A PINAPPLE RING ON THE SIDE AND DRINK UP.