

# HOW TO MAKE A HEALTHY SMOOTHIE

1. Number \_\_\_\_\_
2. Number \_\_\_\_\_
3. Number \_\_\_\_\_

# HOW TO MAKE A HEALTHY SMOOTHIE

THINGS YOU WILL NEED:

\*BLENDER

\*1 PINAPPLE RING

\_\_\_\_\_ Number CUP OF ORANGE JUICE

\*3 PICKLES

\*1 POUND OF FROG GUTS

\*1 CUP OF YOGURT

\*2 CARTONS OF PORK FLAVORED ICE CREAM

\_\_\_\_\_ Number JUG(S) OF SPOILED MILK

FIRST

YOU MIX THE,ORANGE JUICE,PICKLES,YOGURT,FROG GUTS,AND PORK FLAVORED ICE CREAM.

THEN YOU MIX IT IN THE BLENDER AND ADD \_\_\_\_\_Number\_\_\_\_\_ CUPS OF SPOILED MILK.NEXT ADD

A PINAPPLE RING ON THE SIDE AND DRINK UP.